

RUN WILD MISSOULA

MONTHLY NEWSLETTER

Running Wild | July 2024



A Community That Moves Together

[RUNWILDMISSOULA.ORG](https://runwildmissoula.org)

Run and Done!

Run Wild - We made it!

In a collaborative effort we successfully executed the biggest Marathon Weekend since 2016. This year's growth was tangible and the stoke was high. I must give a huge shout out to all the players!

Anders Brooker (Announcer, Technical Advisor); **Ashley Cossairt** (Registration Director); **Asia Riel** (Marathon Feast Coordinator); **Chad Taylor** (Aid Stations Director); **Chris Carey** (Youth Homes R4K); **Dan Decato** (Half Marathon Pacer Leader); **Dana Bandy** (Finish Line Director & Beer Run Director); **Danette Rogers** (Volunteer Director); **Darren Bayer** (Expo Co-Coordinator); **Dean McGovern** (Marathon Pacer Corps); **Ethel Macdonald** (Bike Monitor Coordinator); **Hillary Ogg** (Official Merchandise Sales Coordinator); **Ian Zhang** (Chief Sustainability Officer); **Jason Pounds** (Branding); **Jeff Dohn** (Bus Load Coordinator); **Jeremy Partain** (Missoula 5K Director); **Jen Grigg** (Equipment Director & Course Assistant); **Jenn Culp**, PA-C (Medical Director); **Jordan Krause** (Missoula Kids Marathon); **Kim Joyner-O'Connor** (Kids Marathon); **Lee Macholz** (Course Director); **Margie Menendez** (Marathon Pacer Corps); **Nick Pino** (Half Marathon Start); **Russell LaFontaine** (Half Marathon Start); **Scott & Dara Rouse** (Marathon Start); **Stephanie Raddatz** (Expo Co-Coordinator); **Tim Mosbacher** (Elite Athlete Director); **Torrey Holmquist** (At Large).



And thank you to each and every volunteer and participant! I'm so proud of all of you. Now we clean up and get scheming for 2025!

Enjoy Every Step!

Trisha Drobeck
RWM Executive Director

Meet Marina!

You'll notice a new face around the office: please give a warm welcome to our new Race Operations Coordinator, Marina Steerman! We are so excited to have Marina join us, so please stop by the office to say hi!



RWM RACES



Mntwi I N?ay Virtual Half Marathon

Registration Open!
Date: September 1 - 30, 2024
Start Time: Anytime!
Start Location: Anywhere!

Run Wild Missoula is honored to offer a Virtual Half Marathon with 100% of race proceeds going to **All Nations Health Center**; to deepen our commitment to learning more about and supporting our local Indigenous communities. Through partnership and education and in accordance with our mission and values, RWM is passionate to fostering a more inclusive community.

With your help we were able to donate \$6,078 last year to the All Nations Health Center! Help us raise even more this year!

[More Info!](#)



Roots Run

Price Increases June 18!
Date: September 7, 2024
Start Time: 8:30 AM
Start Location: 125 E Main St

A 4-mile fun run in association with the River City Roots Festival. This run pays tribute to the city's love of recreation and staying active. All ages, abilities and backgrounds are encouraged to enjoy a morning run or walk before the festival in the afternoon and evening!

[More Info!](#)



Fierce Fab Women's Running Festival

Date: October 6, 2024
Start Time: 9:30 AM
Start Location: Northern Rockies Heritage Hall

An event to celebrate your fiercest, most fabulous self! Join us this October at Heritage Hall in Historical Fort Missoula for an empowering and fun-filled day where you can walk or run as many 1-mile laps as you like within a 2.5-hour period.

Explore an expo showcasing Missoula's finest women-owned businesses and organizations, enjoy glitter and face painting, and dance to lively music. Don't miss out on our raffle with epic prizes, a mimosa bar to toast your achievements, and awards for the fiercest and most fabulous outfits. It's an event you won't want to miss – come celebrate strength, community, and fabulousness!

[More Info!](#)

Snow Joke Half Marathon

Registration Opens July 10 at 8:00 AM!
Date: Saturday, February 22, 2025
Start Time: 11:00 AM
Start Location: Seeley Lake Elementary School

Join us in Seeley Lake for the 46th edition of these 13.1 blazing fast and freezing cold miles!

[More Info!](#)

RWM ACTIVITIES & CLASSES



Hot Walk Missoula

Date: Sunday, July 7
Start Time: 10:00 AM
Location: S Side of Van Buren St Footbridge

Want to participate in a Run Wild Missoula event but running itself isn't quite your jam? Join Run Wild Missoula's Back Of The Pack (BOP) for Hot Walk Missoula! Inspired by the "Hot Girl Walks" of internet fame, Hot Walk Missoula aims to get anyone and everyone looking to add more movement and friends into their lives out and walking.

[More Info!](#)



Queer Run Missoula

Date: Tuesday, July 11
Time: 6:00 PM
Location: OddPitch Brewing

This group unifies queer individuals who share the same love for running and walking within the Missoula community.

This monthly meetup is a casual fun run/walk open to all runners and walkers of all abilities. Each month a 3 and 5 mile route is offered. At the end is a social gathering with libations and food.

[More Info!](#)



Missoula Marathon Volunteer Appreciation Party

Date: Thursday, July 25
Time: 6:00 - 7:30 PM
Location: Big Sky Brewing

Missoula Marathon Volunteers! You did it! This race is nothing without the hundreds of dedicated volunteers who lend their time and passion to this event! Let us celebrate YOU!

We'll have food, beer, n/a options, lawn games, an epic raffle, music, and more!

No RSVP required, but you must be present to win raffle items.



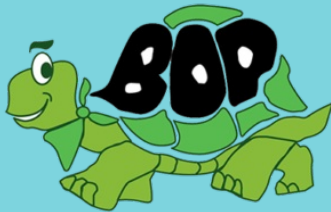
Last Wednesday Beer Run

Date: Wednesday, July 31
Start Time: 6:00 PM
Location: Cranky Sam Brewing

The monthly beer run is a casual fun run/walk open to all runners and all abilities. Each month a 3 and 5 mile route is offered at a different brewery location on the last Wednesday of the month (schedule below), and at the end is a social gathering with libations and food. What could be a better way to end the month?

All of our beer runs are open to all runners and walkers. Run Wild Missoula membership is not required. Runners are responsible for their own beverage and food purchases. Non-alcoholic beverages are also available!

[More Info!](#)



BOP News!

Run Wild Missoula welcomes runners and walkers at any pace with activities aimed at the Back of the Pack (BOP). BOP Socials are a great way to meet other runners and walkers in our community of all paces!

We also invite you to check out: [Hot Walk Missoula](#)

[See All BOP Info Here](#)

JOIN US! RWM WEEKLY RUNS



[Tuesday Track](#)



[Wednesday Wild Miles](#)



[Saturday Breakfast Run](#)



[Sunday Long Run](#)
On Pause



[Strava](#)

RWM CALENDAR OF EVENTS

July

4

RWM Office Closed - Independence Day

July

5

RWM Office Closed

July

7

Hot Walk Missoula

10:00 AM | South Side of Van Buren St Foot Bridge

[More Info](#)

July

9

Queer Run Missoula

6:00 PM | Odd Pitch Brewing

[More Info](#)

July

10

Snow Joke Half Marathon Registration Opens

8:00 AM

[More Info](#)

July

11

Missoula Marathon & Half Marathon Training Class Party

6:00 PM | Pavilion at Greenough Park

July

18

Roots Run Price Increase

[More Info](#)

July

25

Mntwi I Nt?ay Virtual Half Marathon Price Increase

[More Info](#)

July
25

Missoula Marathon Volunteer Appreciation Party

6:00 PM - 7:30 PM | Big Sky Brewing

July
28

Last Wednesday Beer Run

6:00 PM | Cranky Sam Brewing

[More Info](#)

AROUND TOWN!



Competitive Timing is Hiring!

Our good friends over at Competitive Timing are hiring a new team member! Position is open until filled.

[More Info!](#)

Big Sky Challenge Hike - Snowbowl Ski Area, MT

July 13 - [More Info](#)

Buffalo Run - St. Ignatius, MT

July 20 - [More Info](#)

Run with the Wild - Seeley Lake, MT

July 20 - [More Info](#)

Big Mountain Run - Whitefish Mountain Resort, MT

July 20 - [More Info](#)

Need a Running Tune Up?

[Alpine Physical Therapy](#)'s PTs are available for free consults for RWM members at the Blue Mountain Peak in the Racquet Club every Monday from 11:00 am-12:00 pm, no appointment necessary.



RWM Mileage Club

RWM Members ran or walked 32,232 miles through June 2024!

[More Info on Mileage Club & How to Log Your Miles!](#)

MEMBER INFO

RACES

ACTIVITIES



DONATE



406-544-7073 | PO Box 1573 - Missoula, MT 59806 | EIN 20-5794114
www.runwildmissoula.org

BOARD

STAFF

**CHARITABLE
GIVING**

MISSION

Run Wild Missoula | 125 East Main | Missoula, MT 59802 US

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