RUN WILD MISSOULA MONTHLY NEWSLETTER

Running Wild | December 2024



A Community That Moves Together

RUNWILDMISSOULA.ORG

On the Map

Last month Xplorer Maps unveiled its official hand-drawn Missoula map. And guess who was prominently featured? Yes, **YOUR** Missoula Marathon! This is an exciting milestone that highlights not just the race itself but the incredible community connections it fosters.

Organized by Run Wild Missoula, the Missoula Marathon Weekend of Events has grown into far more than just a premier running event—it's become a conduit for bringing together Missoula's diverse communities. From seasoned athletes to first-time runners, volunteers, and local businesses, the event is a unifying celebration of the city's spirit and vitality.



Missoula Mayor Andrea Davis and Missoula Marathon Race Director Trisha Drobeck

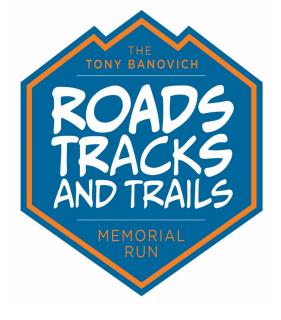
Run Wild Missoula has consistently worked to create opportunities for connection through running, walking, and social activities. Our dedication extends beyond race day, fostering a sense of belonging year-round. As the Missoula Marathon gains national acclaim, Run Wild Missoula is also looking toward the future, with plans to deepen our involvement in the broader Missoula community. By expanding programs and partnerships, we aim to engage even more people from all walks of life, ensuring that the joy and camaraderie of events like the Marathon continue to bring Missoula together.

The Xplorer Maps feature is a fitting tribute to Run Wild Missoula and the Missoula Marathon's impact—a beautiful artistic rendering of an event that embodies Missoula's community pride, unity, and the exciting potential for an even more connected future. You can check it out for yourself HERE or at their store at 1245 S 3 rd W.

Enjoy Every Step!

Trisha Drobeck
RWM Executive Director

RWM RACES



The Tony Banovich Roads Tracks & Trails Virtual Memorial Run

Registration Open!

Date: December 1 - December 31

Time: Anytime! Location: Anywhere!

In 2021 this in-person event challenged participants to run or walk 4.35 miles – the average daily distance of Tony's 1,731 day run streak – while raising funds for the Tony Banovich Memorial Fund, furthering Tony's legacy of supporting running and walking throughout Missoula and Montana. We are pleased to continue this Memorial run as a virtual option to participants in December 2024.

The virtual event will continue to raise funds for the <u>Tony Banovich High School Cross Country</u> <u>Scholarship Fund!</u>



RESOLUTION

2025 Resolution Run

Registration Open!
Date: January 1, 2025
Time: 10:00 AM
Location: Pineview Park

Put your best foot forward with Run Wild Missoula and Runner's Edge in the new year at the Resolution Run!

More Info!

GRM Ten Virtual Challenge

Registration Opens December 5
Date: February 1 - February 28

Time: Anytime! Location: Anywhere!

RWM is happy to host this virtual event that brings awareness and support to local youth running program <u>Go Run Missoula</u>.
We are hosting 4 different challenges:

☑10 Miles ☑10 Miles for 10 Days ☑10K for 10 Days ☑10 Minutes for 10 Ten Day

More Info!



Heart Throb 5K

Registration Opens December 12! Date: Saturday, February 15, 2025

Time: 10:00 AM

Location: Target Range Elementary School Gym

Get ready to run, strut, or stroll your heart out at the Heart Throb 5K!

Join us on Saturday, February 15th, for a groovy, 80's-themed race that benefits the Western Montana LGBTQ+ Center. Dress to impress in your best retro attire and show your love for our community

More Info!



Snow Joke Half Marathon

Registration Open!

Date: Saturday, February 22, 2025

Start Time: 11:00 AM

Start Location: Seeley Lake Elementary School

Join us in Seeley Lake for the 46th edition of these 13.1 blazing fast and freezing cold miles!

More Info!

RWM ACTIVITIES & CLASSES



Run Wild Readers

Date: Wednesday, December 4

Time: 6:00 PM

Location: Fact & Fiction

Join us for our next meeting of Run Wild Readers! Our Fall 2024 book selection is What I Talk About When I Talk About Running by Haruki Murakami.

☑ The Fall meeting of Run Wild Readers will be held on Wednesday, December 4 at 6:00 PM at Fact & Fiction (220 Higgins Ave). Come for an hour to socialize, relax, and talk through provided discussion points on the book of the season, as well as browse the bookstore and get some of that holiday shopping done!

More Info!



The Tony Banovich Roads Tracks & Trails Virtual Memorial Run GROUP RUN!

Date: December 8 Time: 10:00 AM

Location: Basement of Runner's Edge (304 N

Higgins Ave)

Want to take part in the Roads, Tracks & Trails Virtual Memorial Run but don't want to go at those 4.35 miles alone? Join us and the Runner's Edge in the basement of 304 N Higgins Ave at 10:00 AM on Sunday, December 10 for a RT&T Group Run!

More Info!





Dry Miles

Debuts Thursday, December 12 Time: 6:00 PM

Location: Pie Hole, 525 N Higgins

We aim to foster a welcoming, social event without alcohol. While we offer a positive, substance-free environment, Dry Miles Missoula is not an official recovery or substance treatment program.

This monthly meetup is a casual fun run/walk open to all runners and walkers of all abilities. Each month a 3 and 5 mile route is offered.

More Info!

Queer Run Missoula

Date: Tuesday, December 10

Time: 6:00 PM

Location: Tamarack Brewing

This group unifies queer individuals who share the same love for running and walking within the Missoula community.

This monthly meetup is a casual fun run/walk open to all runners and walkers of all abilities. Each month a 3 and 5 mile route is offered. At the end is a social gathering with libations and food.

More Info!



Last Wednesday Beer Run

Date: Wednesday, Deember 18

Start Time: 6:00 PM

Location: Highlander Brewing

The monthly beer run is a casual fun run/walk open to all runners and all abilities. Each month a 3 and 5 mile route is offered at a different brewery location on the last Wednesday of the month, and at the end is a social gathering with libations and food. What could be a better way to end the month?

All of our beer runs are open to all runners and walkers. Run Wild Missoula membership is not required. Runners are responsible for their own beverage and food purchases. Non-alcoholic beverages are also available!

More Info!











Tuesday Track

Wednesday Wild Miles Saturday Breakfast Run Sunday Long Run *On Pause*

Strava

RWM CALENDAR OF EVENTS

December

1

Tony Banovich Roads, Tracks & Trails Virtual Memorial Run Starts!

More Info

December

RWM Office Closed

2

December

Run Wild Readers Book Club Meeting

6:00 PM | Fact & Fiction More Info

December

GRM Ten Virtual Challenge Registration Opens

8:00 AM More Info

December

Roads Tracks & Trails Group Run
10:00 AM | Basement of Runner's Edge

10:00 AM | Basement of Runner's Edge More Info

December

Resolution Run Volunteer Registration Opens

8:00 AM More Info

10

December

10

Queer Run

6:00 PM | Tamarack Brewing More Info

December

12

Heart Throb 5K Registration Opens

8:00 AM More Info

December

12

Dry Miles

6:00 PM | Pie Hole More Info

December

18

Last Wednesday Beer Run

6:00 PM | Highlander Brewing More Info

December

23-28

Run Wild Missoula Office Closed - Holiday Break!

December

31

Tony Banovich Roads, Tracks & Trails Virtual Memorial Run

Ends! More Info

AROUND TOWN!

Light the Way 5K - Missoula, MT

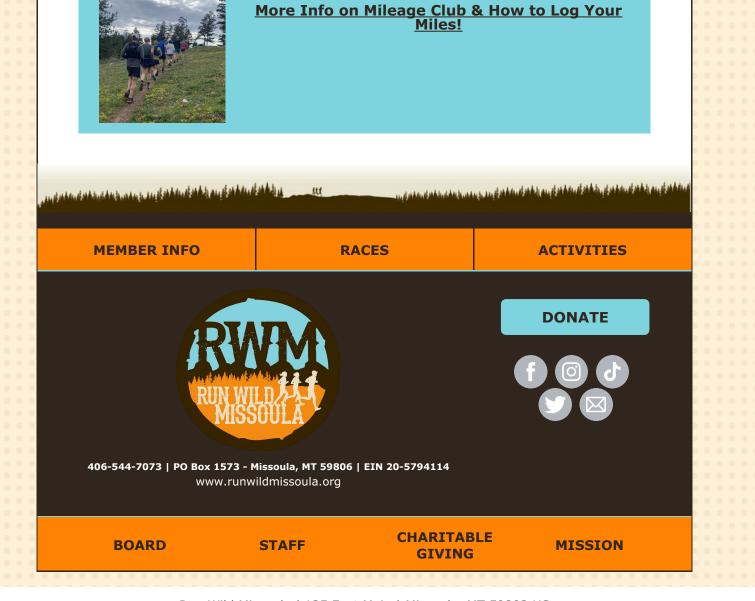
December 21 - More Info

Need a Running Tune Up?

Alpine Physical Therapy's PTs are available for free consults for RWM members at the Blue Mountain Peak in the Racquet Club every Monday from 11:00 am-12:00 pm, no appointment necessary.

RWM Mileage Club

RWM Members ran or walked 66,644 miles through November 2024!



Run Wild Missoula | 125 East Main | Missoula, MT 59802 US

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